

Saturday March 24, 2012

5K (3.1 Mile) 8:00am

1 Mile Fun Run: 9:00 am



Eagle Mountain Run 5K Run/Walk & 1 Mile Fun Run/Walk

WALK-IN REGISTRATION

Totally Running Store Feb 15 – March 10
 2265 Towne Lake Pkwy. Suite 102 Store hours: M-F 11-6:30
 Woodstock, GA 30189 Sat 11-6
 678-275-2282 Sun Closed
Check or money order, no cash please

MAILED REGISTRATION

Send entry form and check, made payable to:
 Etowah Youth Track Club,
 C/O Heidi Johnson
 4009 Oakview Court - Woodstock, GA 30189
 Contact Information: eytclub@gmail.com – www.eytclub.com

PRE-REGISTRATION

\$12.00 1 mile Fun Run (includes shirt)
 \$20.00 5K Run/Walk (includes shirt)
Pre-Registration ends on March 17th and is needed to guarantee a shirt.

PACKET PICK UP BEGINS 7 A.M. SATURDAY MORNING, 3/24

PROCEEDS: All proceeds from the race will help support the Etowah Youth Track and Cross Country Clubs and the Cross County/Track and Field programs at Etowah High School.

ONLINE REGISTRATION

WWW.ACTIVE.COM – ADDITIONAL \$3.25 FOR ONLINE REGISTRATION, ENDS 3/15/12

COURSE: Both the 1 mile fun run and the 5K begin and end on the Etowah High School track. 6565 Putnam Ford Dr. Woodstock, GA 30189. Race starts at track proceeds on Eagle Drive towards Bells Ferry Rd, turns around and comes back on Eagle Drive. The route then turns left on Park Brook Drive and finishes on the track. There are 3 good hills during this 5K. Post-race food/water will be provided.

RACE DAY REGISTRATION – PRICE INCREASE

There will be race day registration for both events starting at 7 a.m. (limited shirt availability). Race day registration for 1 mile fun run \$15. Race day registration for 5K run \$25.

AWARDS: In the 5K race, medals will be presented to the first male and female overall winners, and the top three male and female finishers in the following age categories: 10 & under, 11-13, 14-15, 16-18, 19-39 (Open), 40-49 (Masters), 50-59, 60+. In the 1 mile run, ribbons for the top three male & female finishers in the following age groups: 6 & under, 7-8, 9-10.

PHANTOM RUNNER – 1ST TIME THIS YEAR!

If you would like a t-shirt and cannot participate, you may make a donation of \$20 and receive a t-shirt. No race day phantom runner entries allowed. The shirts can be picked up on race day or at one of the EYTC practices which are held on Tuesday and Thursday evenings at Etowah High School.

Entry Form: **EAGLE MOUNTAIN RUN** RUNNER# _____

CIRCLE RACE 1 MILE FUN RUN/WALK 5K RUN/WALK PHANTOM RUNNER

LAST NAME _____ FIRST NAME _____ AGE _____ SEX M F

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

T-SHIRT SIZE (circle one) Youth Med Youth Lrg Adult Sm Adult Med Adult Lrg Adult XL

Waiver/Release: In consideration of this entry, I waive any and all claims for myself and my heirs against officials and sponsors of the Eagle Mountain Run for illness or injury which may result directly or indirectly from my participation in this event. I understand that participation in a race can be hazardous. I am in proper physical condition to participate.

SIGNATURE _____ DATE _____

GUARDIAN SIGNATURE (IF RUNNER IS UNDER AGE 18) _____